

ALL-ON-4 / ALL-ON-6 IMPLANT PATIENT INFORMATION GUIDE

(Educational material - not a replacement for personalised medical advice)



Information For Patients

This booklet provides information to help you decide whether to undergo All-on-4 or All-on-6 implant rehabilitation. It explains how the treatment is performed, the potential benefits and risks, and what to expect before, during and after care.

You may wish to discuss this information with a partner, family member or carer before making your decision. You will be asked to sign consent forms prior to treatment, so it is important that you understand the contents of this booklet before proceeding.

If you have any questions, it may be helpful to write them down so that you can discuss them with your dentist or a member of the clinical team.

This document is intended for educational purposes and does not replace a personalised consultation with a qualified dental professional.

Contents

- Information for Patients
- What is All-on-4 / All-on-6 Implant Rehabilitation?
- Why Consider This Procedure?
- Preparing for Treatment
- Your Treatment Journey (International Patients)
- The Procedure
- After the Procedure
- Recovery and Expected Results
- Aftercare Instructions
- Potential Benefits
- Risks and Complications
- Procedure-Specific Considerations
- When to Seek Medical Advice
- Questions to Ask Your Dentist
- Further Information and Consent
- Contact Information
- Document Information



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What is All-on-4 / All-on-6 Implant Rehabilitation?

All-on-4 and All-on-6 are treatment approaches designed to replace a full arch of missing or failing teeth using four or six dental implants placed in the jawbone to support a fixed prosthesis.

Unlike traditional dentures, the replacement teeth are attached securely to implants and are not removable by the patient. The number of implants used depends on bone quality, anatomy and treatment goals.

This approach aims to restore function, stability and appearance with a reduced number of implants compared to placing individual implants for each tooth.

Why Consider This Procedure?

You may consider All-on-4 or All-on-6 treatment if you experience:

- Complete tooth loss in one or both jaws
- Multiple severely damaged or failing teeth
- Difficulty with removable dentures
- Significant bone loss
- Functional problems with chewing or speech
- Desire for a fixed full-arch solution

Suitability depends on bone condition, oral health, general health and lifestyle factors.

Preparing for Treatment

Before treatment you may be advised to:

- Undergo comprehensive dental examination and imaging
- Disclose all medical conditions, medications and allergies
- Complete preliminary treatments such as extractions or hygiene therapy
- Stop smoking if advised
- Maintain good oral hygiene
- Follow instructions regarding eating or drinking if sedation or anaesthesia is planned

Your dentist will develop a detailed treatment plan based on clinical findings.

Your Treatment Journey (International Patients)

Initial Assessment

Your medical history, dental records, photographs and imaging are reviewed.

Travel Arrangements

Airport pickup and accommodation may be arranged through the treating clinic.

Pre-Treatment Appointment

You will attend consultations for examination, confirmation of the treatment plan and consent.

Treatment Phase

Surgery and placement of provisional restorations are performed in a dental clinic or hospital environment.

Follow-Up

Additional visits may be required for adjustments and placement of the final prosthesis.

Return Travel

Patients are usually advised to remain abroad for a short period to allow for early follow-up before travelling home.

The Procedure

Treatment is typically performed under local anaesthesia with sedation or general anaesthesia in selected cases.

Implants are placed strategically in the jawbone to maximise stability, sometimes at angles to utilise available bone. In many cases, temporary fixed teeth can be attached shortly after surgery.

After a healing period, the final prosthesis is fabricated and secured to the implants.

Surgery time varies depending on the complexity of the case and whether one or both jaws are treated.

After the Procedure

After surgery you may experience:

- Swelling of the gums or face
- Discomfort or tenderness
- Minor bleeding
- Bruising
- Temporary difficulty chewing or speaking

These effects are generally temporary and improve as healing progresses.

Recovery and Expected Results

Early Phase

Initial healing occurs over the first weeks following surgery.

Adjustment Period

Patients adapt to the temporary prosthesis and new bite.

Final Restoration

Once healing is complete, the definitive prosthesis is placed.

Long-term success depends on oral hygiene, maintenance and regular dental reviews.



Aftercare Instructions

You may be advised to:

- Maintain meticulous oral hygiene
- Follow dietary recommendations, especially during early healing
- Use prescribed medications or mouthwash
- Avoid smoking
- Attend scheduled follow-up appointments

Following aftercare instructions supports proper healing and implant stability.

Potential Benefits

All-on-4 / All-on-6 treatment may:

- Restore chewing function and speech
- Provide a stable fixed alternative to removable dentures
- Improve comfort and confidence
- Enhance facial support and appearance
- Reduce the need for extensive bone grafting in some cases

Results vary between individuals.

Risks and Complications

All surgical procedures carry some degree of risk.

Possible complications may include:

- Infection
- Bleeding
- Implant failure or lack of integration
- Damage to surrounding structures
- Nerve injury causing altered sensation
- Sinus complications in upper jaw procedures
- Prosthesis-related issues
- Need for additional treatment

Your dentist will discuss risks specific to your case.



Procedure-Specific Considerations

Bone Quality

Adequate bone is required for implant stability, although angled placement may reduce the need for grafting.

Temporary vs Final Prosthesis

A provisional restoration is often used before the final prosthesis is fitted.

Maintenance

Long-term care and regular professional reviews are essential.

Lifestyle Factors

Smoking and certain medical conditions may affect outcomes.

When to Seek Medical Advice

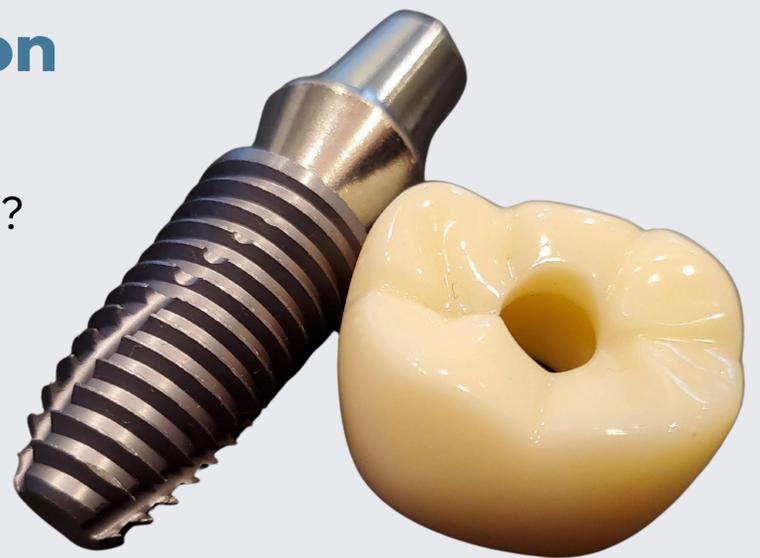
Seek dental or medical attention if you experience:

- Increasing pain or swelling
- Fever
- Persistent bleeding
- Signs of infection
- Loosening of the prosthesis
- Difficulty swallowing or breathing

Questions to Ask Your Surgeon

You may wish to ask:

- Am I a suitable candidate for this treatment?
- How many implants will be required?
- What is the expected timeline?
- What results are realistic in my case?
- What maintenance will be required?
- What costs are involved?



Further Information and Consent

Before proceeding with surgery you will be asked to sign a consent form confirming that:

- You understand the nature of the procedure
- The potential risks and benefits have been explained
- You have had the opportunity to ask questions
- You understand that results may vary between individuals

The final decision regarding suitability for surgery is made by the treating surgeon following medical assessment.

Contact Information

If you require further clarification before your consultation or treatment, please contact:

World Medi Group
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