

DENTAL CROWN PATIENT INFORMATION GUIDE

(Educational material - not a replacement for personalised medical advice)



Information For Patients

This booklet provides information to help you decide whether to undergo dental crown treatment. It explains how the procedure is performed, the potential benefits and risks, and what to expect before, during and after care.

You may wish to discuss this information with a partner, family member or carer before making your decision. You will be asked to sign consent forms prior to treatment, so it is important that you understand the contents of this booklet before proceeding.

If you have any questions, it may be helpful to write them down so that you can discuss them with your dentist or a member of the clinical team.

This document is intended for educational purposes and does not replace a personalised consultation with a qualified dental professional.

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What is a Dental Crown?

A dental crown is a custom-made restoration that completely covers the visible portion of a tooth above the gum line. It is designed to restore the shape, strength, function and appearance of a damaged or weakened tooth.

Crowns may be made from various materials, including ceramic, porcelain-fused-to-metal or metal alloys. The most suitable material depends on the location of the tooth, functional requirements and aesthetic considerations.

Crowns are commonly used to protect teeth that have been weakened by decay, fracture, large fillings or root canal treatment.

Why Consider This Procedure?

You may consider a dental crown if you have:

- A severely damaged or weakened tooth
- Extensive decay that cannot be restored with a filling
- A fractured or worn tooth
- A tooth following root canal treatment
- Large existing restorations
- Aesthetic concerns affecting tooth shape or colour
- Need for support of a dental bridge

Suitability depends on the condition of the tooth and surrounding tissues.

Preparing for Treatment

Before treatment you may be advised to:

- Undergo dental examination and imaging if required
- Disclose all medical conditions, medications and allergies
- Complete preliminary treatments such as hygiene therapy
- Address active decay or gum disease
- Maintain good oral hygiene

Your dentist will develop a personalised treatment plan based on clinical findings.

Your Treatment Journey (International Patients)

Initial Assessment

Your medical history, dental records, photographs and imaging are reviewed.

Travel Arrangements

Airport pickup and accommodation may be arranged through the treating clinic.

Pre-Treatment Appointment

You will attend a consultation for examination, treatment planning and consent.

Treatment Phase

Procedures are performed in a dental clinic environment, typically over one or more visits.

Follow-Up

Adjustments or reviews may be required after placement.

Return Travel

Patients are usually advised to remain abroad for a short period to allow for early follow-up before travelling home.

The Procedure

Crown placement typically involves preparing the tooth by removing a portion of the outer structure to create space for the restoration. An impression or digital scan is then taken to fabricate the crown.

A temporary crown may be placed to protect the tooth while the final restoration is being manufactured.

Once ready, the permanent crown is fitted, adjusted and bonded or cemented securely in place.

Treatment duration varies depending on the technique used and the complexity of the case.

After the Procedure

After placement you may experience:

- Mild sensitivity to temperature
- Minor discomfort
- Gum tenderness
- Adjustment to the new bite

These effects are usually temporary.

Recovery and Expected Results

Early Phase

Most patients resume normal daily activities immediately.

Adjustment Period

It may take several days to adapt to the feel of the crown.

Long-Term Outcome

With proper care, crowns can provide durable restoration of function and appearance.

Longevity varies depending on oral hygiene, lifestyle and material used.

Aftercare Instructions

You may be advised to:

- Maintain excellent oral hygiene
- Avoid biting very hard objects
- Attend regular dental check-ups
- Use a night guard if recommended

Following aftercare instructions supports long-term success.

Potential Benefits

Dental crowns may:

- Restore strength and function of a damaged tooth
- Protect weakened tooth structure
- Improve chewing ability
- Enhance appearance
- Provide long-term durability

Results vary between individuals.

Risks and Complications

All dental procedures carry some degree of risk.

Possible complications may include:

- Tooth sensitivity
- Gum irritation
- Damage to underlying tooth structure
- Crown loosening or fracture
- Decay around the crown margins
- Need for replacement over time

Your dentist will discuss risks relevant to your specific treatment.

Procedure-Specific Considerations

Tooth Structure

Adequate remaining tooth structure is required for crown support.

Material Selection

Different materials offer varying levels of strength and aesthetics.

Maintenance

Regular dental care is essential to prevent complications.

Alternative Treatments

In some cases, fillings, inlays, onlays or extraction may be considered.

When to Seek Medical Advice

Seek dental attention if you experience:

- Persistent pain or sensitivity
- Damage or loosening of the crown
- Gum swelling or bleeding
- Signs of infection
- Difficulty biting

Questions to Ask Your Surgeon

You may wish to ask:

- Am I a suitable candidate for a crown?
- What material is most appropriate for my case?
- How long will the crown last?
- What results are realistic?
- What maintenance will be required?
- What costs are involved?

Further Information and Consent

Before proceeding with surgery you will be asked to sign a consent form confirming that:

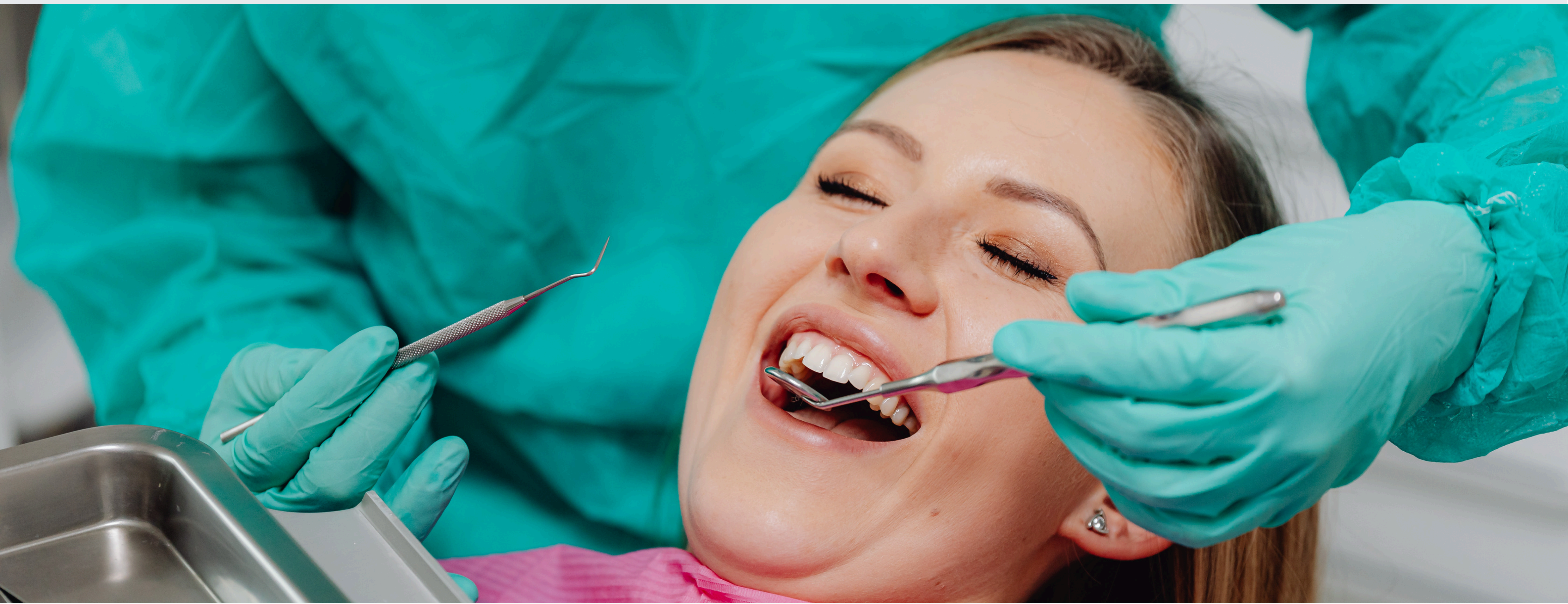
- You understand the nature of the procedure
- The potential risks and benefits have been explained
- You have had the opportunity to ask questions
- You understand that results may vary between individuals

The final decision regarding suitability for surgery is made by the treating surgeon following medical assessment.

Contact Information

If you require further clarification before your consultation or treatment, please contact:

World Medi Group
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Phone/WhatsApp: +44 7464085948
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