

FULL-MOUTH REHABILITATION PATIENT INFORMATION GUIDE

(Educational material - not a replacement for personalised medical advice)



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Information For Patients

This booklet provides information to help you decide whether to undergo full-mouth rehabilitation. It explains how treatment is planned and performed, the potential benefits and risks, and what to expect before, during and after care.

You may wish to discuss this information with a partner, family member or carer before making your decision. You will be asked to sign consent forms prior to treatment, so it is important that you understand the contents of this booklet before proceeding.

If you have any questions, it may be helpful to write them down so that you can discuss them with your dentist or a member of the clinical team.

This document is intended for educational purposes and does not replace a personalised consultation with a qualified dental professional.

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What is Full-Mouth Rehabilitation?

Full-mouth rehabilitation refers to a comprehensive treatment approach designed to restore oral health, function and appearance when multiple teeth or supporting structures are affected.

Treatment may involve rebuilding or replacing most or all teeth in both the upper and lower jaws. The plan is tailored to individual needs and may include restorative, surgical and periodontal procedures.

The goal is to achieve a stable, comfortable bite, improved chewing ability and overall oral health.

Why Consider This Procedure?

You may consider full-mouth rehabilitation if you experience:

- Multiple missing or severely damaged teeth
- Advanced tooth wear or erosion
- Chronic pain or difficulty chewing
- Jaw discomfort or bite problems
- Extensive decay or gum disease
- Previous dental work that has failed
- Functional and aesthetic concerns affecting quality of life

Suitability depends on oral health status, general health and long-term treatment goals.

Preparing for Treatment

Before treatment you may be advised to:

- Undergo comprehensive dental examination and imaging
- Disclose all medical conditions, medications and allergies
- Complete preliminary treatments such as hygiene therapy
- Stop smoking if advised
- Maintain good oral hygiene
- Follow specific instructions regarding eating or drinking if sedation is planned.

Your dentist will develop a detailed treatment plan based on clinical findings.

Your Treatment Journey (International Patients)

Initial Assessment

Your medical history, dental records, photographs and imaging are reviewed.

Travel Arrangements

Airport pickup and accommodation may be arranged through the treating clinic.

Pre-Treatment Appointment

You will attend consultations for examination, planning and consent confirmation.

Treatment Phase

Procedures are performed over one or more visits depending on complexity.

Follow-Up

Adjustments, reviews and staged procedures may be required.

Return Travel

Patients are usually advised to remain abroad for a period to allow for early follow-up before travelling home.

The Treatment Process

Full-mouth rehabilitation is typically performed in stages.

Treatment may include:

- Restorative procedures such as crowns and bridges
- Replacement of missing teeth using implants or prostheses
- Treatment of gum disease
- Bone grafting or other preparatory procedures
- Adjustment of bite alignment
- Temporary restorations followed by final restorations

The exact sequence depends on individual clinical needs.

After the Procedure

After treatment you may experience:

- Mild to moderate discomfort
- Swelling of gums or face
- Temporary sensitivity
- Difficulty chewing initially
- Minor bleeding

These effects are generally temporary and improve as healing progresses.

Recovery and Expected Results

Recovery time varies depending on the extent of treatment.

Early Phase

Initial healing occurs over days to weeks.

Adjustment Period

Patients gradually adapt to new restorations and bite changes.

Long-Term Outcome

Final results aim to provide stable function, comfort and improved appearance.

Ongoing maintenance is essential for long-term success.

Aftercare Instructions

You may be advised to:

- Maintain excellent oral hygiene
- Use prescribed medications or mouthwash
- Follow dietary recommendations
- Attend scheduled follow-up appointments
- Avoid smoking during healing

Adhering to aftercare instructions supports successful outcomes.

Potential Benefits

Full-mouth rehabilitation may:

- Restore chewing ability and speech
- Relieve pain or discomfort
- Improve oral health
- Enhance facial support and appearance
- Improve quality of life

Results vary between individuals.

Risks and Complications

All dental procedures carry some degree of risk.

Possible complications may include:

- Infection
- Bleeding
- Pain or swelling
- Failure of restorations or implants
- Damage to surrounding structures
- Need for additional treatment
- Unsatisfactory aesthetic outcome

Your dentist will discuss risks relevant to your specific plan.

Procedure-Specific Considerations

Complexity

Treatment often involves multiple procedures over time.

Healing Requirements

Some stages require healing periods before proceeding.

Maintenance

Long-term success depends on oral hygiene and regular dental care.

Cost and Time Commitment

Comprehensive treatment may involve significant investment and multiple visits.

When to Seek Medical Advice

Seek dental or medical attention if you experience:

- Increasing pain or swelling
- Fever
- Persistent bleeding
- Signs of infection
- Difficulty swallowing or breathing
- Severe or worsening symptoms

Questions to Ask Your Surgeon

You may wish to ask:

- What treatment options are available?
- How long will treatment take?
- What results are realistic?
- What maintenance will be required?
- What risks apply to my case?
- What costs are involved?

Further Information and Consent

Before proceeding with surgery you will be asked to sign a consent form confirming that:

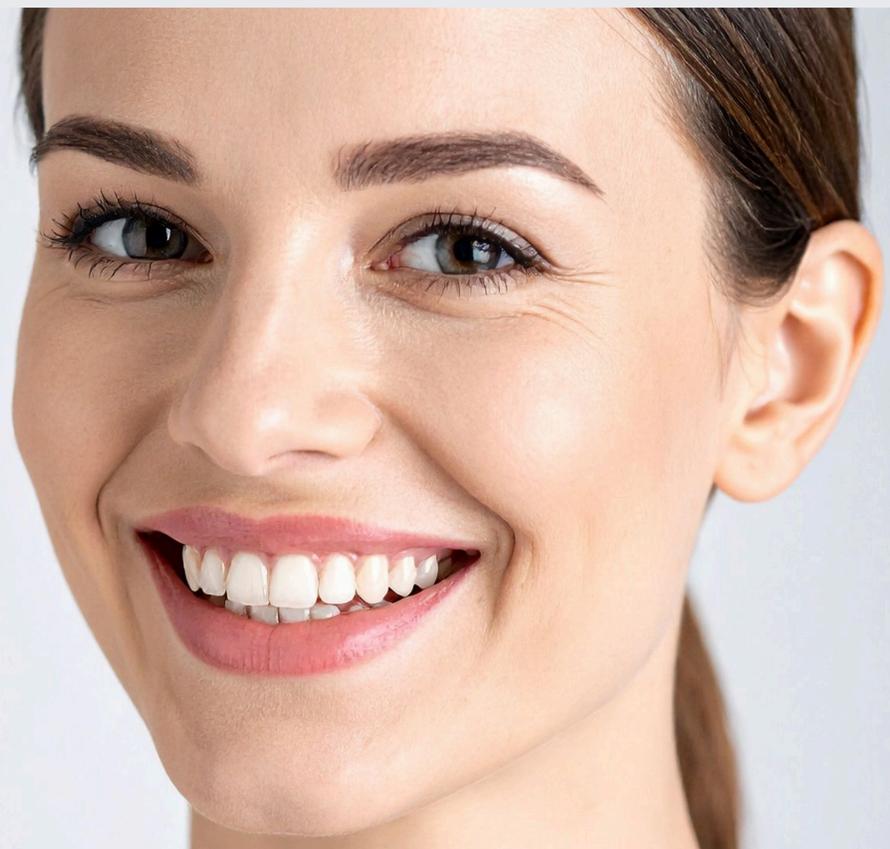
- You understand the nature of the procedure
- The potential risks and benefits have been explained
- You have had the opportunity to ask questions
- You understand that results may vary between individuals

The final decision regarding suitability for surgery is made by the treating surgeon following medical assessment.

Contact Information

If you require further clarification before your consultation or treatment, please contact:

World Medi Group
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