

PENILE IMPLANT SURGERY Erectile Dysfunction Treatment PATIENT INFORMATION GUIDE

(Educational material - not a replacement for personalised medical advice)



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Information For Patients

This booklet provides information to help you decide whether to have penile implant surgery. It explains how the procedure is performed, the potential benefits and risks, and what to expect before, during and after treatment.

You may wish to discuss this information with a partner, relative or trusted individual before making your decision. You will be asked to sign a consent form prior to treatment, so it is important that you understand the contents of this booklet before proceeding.

If you have any questions, you may find it helpful to write them down so that you can discuss them with your surgeon or a member of the clinical team.

This document is intended for educational purposes and does not replace a personalised consultation with a qualified medical professional.

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What is Penile Implant Surgery?

Penile implant surgery is a procedure used to treat erectile dysfunction when other treatments have not been effective or are not suitable.

The surgery involves placing a medical device inside the penis to allow an erection sufficient for sexual activity. The implant is entirely internal and not visible externally.

There are different types of implants, but all are designed to restore function in a reliable and controlled manner.

Why Consider This Procedure?

You may consider penile implant surgery if:

- Other treatments for erectile dysfunction have not been successful
- Medications are ineffective or not tolerated
- Medical conditions limit alternative options
- You are seeking a long-term solution
- Erectile dysfunction is affecting quality of life

Suitability is determined by a specialist after medical assessment.

Preparing for Surgery

Before surgery you may be advised to:

- Stop smoking several weeks before surgery
- Avoid blood-thinning medications unless approved by your doctor
- Disclose all medications, supplements and medical conditions
- Undergo relevant medical tests
- Follow fasting instructions if required

Your surgeon will assess your overall health and suitability for the procedure.

Your Treatment Journey (International Patients)

Initial Assessment

Your medical history and treatment goals are reviewed.

Travel Arrangements

Airport pickup and accommodation are coordinated through the treating hospital.

Pre-Operative Appointment

You will attend a consultation for examination, implant selection and consent confirmation.

Surgery Day

The procedure is performed in a hospital environment.

Post-Operative Stay

Patients may remain under observation for a period determined by the medical team.

Return Travel

Patients are generally advised to remain abroad for several days before travelling home.



The Procedure

During penile implant surgery, an internal device is placed within the penile tissues through a small incision.

The implant may be:

- Inflatable (controlled by a pump mechanism)
- Semi-rigid (bendable)

The choice depends on medical considerations and patient preference.

The procedure is performed under general or regional anaesthesia and typically takes 1 to 2 hours.

After the Operation

After surgery you may experience:

- Swelling and bruising
- Discomfort in the surgical area
- Temporary difficulty with movement
- Sensitivity during healing

Dressings may be applied, and pain management will be provided as needed.



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Recovery and Expected Results

First 1–2 Weeks

Swelling and discomfort gradually improve.

Weeks 3–6

Healing progresses and normal daily activities can usually resume.

Longer Term

Your medical team will advise when it is appropriate to begin using the implant.

Recovery timelines vary between individuals.

Aftercare Instructions

You may be advised to:

- Keep the surgical area clean and dry
- Avoid strenuous activity for several weeks
- Wear supportive garments if recommended
- Follow hygiene instructions carefully
- Attend follow-up appointments

Strict adherence to aftercare instructions supports optimal recovery.

Potential Benefits

Penile implant surgery may:

- Restore erectile function
- Improve confidence and quality of life
- Provide a long-term solution for erectile dysfunction
- Allow greater control over sexual function

Results vary between individuals.

Risks and Complications

All surgical procedures carry some degree of risk.

Possible complications may include:

- Infection
- Bleeding
- Implant malfunction
- Pain or discomfort
- Scarring
- Need for revision surgery

Your surgeon will discuss potential risks during consultation.

Procedure-Specific Considerations

Implant Type

Different devices have different characteristics and handling methods.

Future Treatments

The implant replaces natural erectile function.

Privacy

The device is internal and not visible externally.

Long-Term Monitoring

Regular medical follow-up may be recommended.

When to Seek Medical Advice

Seek medical attention if you experience:

- Increasing redness or swelling
- Fever
- Severe pain
- Unusual discharge
- Sudden worsening of symptoms

Questions to Ask Your Surgeon

You may wish to ask:

- Am I a suitable candidate for this procedure?
- Which type of implant is recommended for me?
- What results are realistic in my case?
- What is the expected recovery timeline?
- What long-term care is required?

Further Information and Consent

Before proceeding with surgery you will be asked to sign a consent form confirming that:

- You understand the nature of the procedure
- The potential risks and benefits have been explained
- You have had the opportunity to ask questions
- You understand that results may vary between individuals



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Contact Information

If you require further clarification before your consultation or treatment, please contact:

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