

# LIP IMPLANT PATIENT INFORMATION GUIDE

*(Educational material - not a replacement for personalised medical advice)*



# Information For Patients

This booklet provides information to help you decide whether to undergo lip implant surgery. It explains how the procedure is performed, the potential benefits and risks, and what to expect before, during and after treatment.

You may wish to discuss this information with a relative, partner or carer before making your decision. You will be asked to sign a consent form prior to treatment, so it is important that you understand the contents of this booklet before proceeding.

If you have any questions, you may find it helpful to write them down so that you can discuss them with your surgeon or a member of the clinical team.

This document is intended for educational purposes and does not replace a personalised consultation with a qualified medical professional.

## Contents

- Information for Patients
- What is a Lip Implant?
- Why Consider This Procedure?
- Preparing for Surgery
- Your Treatment Journey (International Patients)
- The Procedure
- After the Operation
- Recovery and Expected Results
- Aftercare Instructions
- Potential Benefits
- Risks and Complications
- Procedure-Specific Considerations
- When to Seek Medical Advice
- Questions to Ask Your Surgeon
- Further Information and Consent
- Contact Information
- Document Information



## What is a Lip Implant?

A lip implant is a surgical procedure designed to enhance lip volume and definition using a soft, medical-grade implant placed inside the lip.

Unlike temporary injectable fillers, lip implants provide a permanent increase in fullness. Implants are typically made of biocompatible materials designed to integrate safely with surrounding tissues.

Lip implants may be placed in the upper lip, lower lip or both, depending on individual goals.

## Why Consider This Procedure?

You may consider lip implant surgery if you experience:

- Naturally thin lips
- Loss of lip volume over time
- Desire for long-lasting lip enhancement
- Unsatisfactory results with temporary fillers
- Preference for a permanent solution

Suitability depends on lip anatomy, overall health and aesthetic goals.

## Preparing for Surgery

Before surgery you may be advised to:

- Disclose all medical conditions, medications and supplements
- Stop smoking several weeks before the procedure
- Avoid blood-thinning medications unless approved by your doctor
- Arrange assistance for the early recovery period
- Follow fasting instructions if required

Your surgeon will review your medical history and discuss the treatment plan during consultation.

# Your Treatment Journey (International Patients)

## Initial Assessment

Your medical history, photographs and treatment goals are reviewed.

## Travel Arrangements

Airport pickup and accommodation may be arranged through the treating clinic or hospital.

## Pre-Operative Appointment

You will attend a consultation for examination, surgical planning and consent confirmation.

## Surgery Day

The procedure is typically performed in a surgical facility.

## Post-Operative Stay

Most patients return to their accommodation the same day after observation.

## Return Travel

Patients are generally advised to remain abroad for several days to allow for early follow-up before travelling home.

## The Procedure

Lip implant surgery is usually performed under local anaesthesia with or without sedation.

Small incisions are made at the corners of the mouth through which the implant is carefully inserted into a tunnel created within the lip tissue. The implant is positioned to provide even fullness and natural contour.

The incisions are closed with sutures, which may be dissolvable or require removal later.

The procedure typically takes about 30 to 60 minutes.

## After the Operation

After surgery you may experience:

- Swelling and bruising of the lips
- Discomfort or tightness
- Temporary difficulty speaking or eating
- Numbness or altered sensation
- Minor bleeding from incision sites

These effects are expected during early recovery.

## Recovery and Expected Results

### First Week

Swelling is most noticeable and gradually begins to subside.

### Weeks 2–3

Most visible swelling improves and daily activities can usually be resumed.

### Longer Term

Final lip shape becomes more apparent as tissues settle.  
Healing times vary between individuals.

## Aftercare Instructions

You may be advised to:

- Apply cold compresses as directed
- Maintain good oral hygiene
- Avoid strenuous activity for several days
- Avoid pressure on the lips
- Follow dietary recommendations
- Attend follow-up appointments

Following aftercare instructions supports proper healing.



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## Potential Benefits

Lip implant surgery may:

- Provide permanent lip enhancement
- Improve lip definition and contour
- Create fuller appearance of the lips
- Reduce the need for repeated filler treatments
- Enhance overall facial balance

Results vary between individuals.

## Risks and Complications

All surgical procedures carry some degree of risk.

Possible complications may include:

- Infection
- Bleeding
- Scarring
- Asymmetry
- Implant displacement
- Implant rejection or extrusion
- Numbness or altered sensation
- Need for implant removal or revision surgery

Your surgeon will discuss risks specific to your case.



# Procedure-Specific Considerations

## Implant Selection

Different sizes and types of implants are available to suit individual anatomy.

## Permanent Nature

Unlike fillers, implants are long-lasting but can be removed if necessary.

## Alternative Treatments

Non-surgical options such as dermal fillers may be discussed.

## Combination Procedures

Lip implants may be combined with other facial procedures.

## When to Seek Medical Advice

Seek medical attention if you experience:

- Increasing swelling or redness
- Fever
- Severe or worsening pain
- Excessive bleeding or discharge
- Signs of infection
- Implant exposure

## Questions to Ask Your Surgeon

You may wish to ask:

- Am I a suitable candidate for lip implants?
- What size implant is recommended for me?
- What results are realistic in my case?
- What is the expected recovery timeline?
- What alternatives are available?



## Further Information and Consent

Before proceeding with surgery you will be asked to sign a consent form confirming that:

- You understand the nature of the procedure
- The potential risks and benefits have been explained
- You have had the opportunity to ask questions
- You understand that results may vary between individuals

The final decision regarding suitability for surgery is made by the treating surgeon following medical assessment.

## Contact Information

If you require further clarification before your consultation or treatment, please contact:

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